



Fast Facts for Forming a Dragon Boat Team

<http://www.gpdragonboat.com>

The Dragon Boat:

- Sport stems from an ancient Chinese legend
- Each Dragon Boat is 42 feet long
- 10 rows seat 20 paddlers
- Paddlers each paddle on one side during the race – on the left or on the right
- A steersperson uses a 9 foot oar as a rudder, standing in the stern
- A drummer sits in a seat at the bow, facing the crew

Roster:

- 20 Paddlers, minimum of 10 female paddlers must be in the boat at all times
- 1 drummer (minimum age of 12 years old)
- 4 alternate paddlers allowed and can be rotated in any way that your team would like
- All paddlers must be 14 years of age or older
- High Five Dragon Boat provides your team with a steersperson

Cost:

- \$ 1250 for a corporate sponsored team
- \$ 850 for a club or in-state visiting team
- \$ 700 for a community, out of town or nonprofit team
- All of the necessary equipment is included
- Proceed from this event will benefit *GPISD Career Technical Education Scholarship*. For more information, please visit: www.gpisd.org

Practice:

- 1 practice session is included for each registered team and can be scheduled during the week leading up to the event by emailing: practice@highfivedragonboat.com
- Practices will include the basics of paddling and the basics of racing

Equipment:

- Paddles, life vests, boats, drums, and steerspersons will be provided to each team at practice and on the day of the race

Race Day – 06/10/17:

- The event is located at Loyd Park on Joe Pool Lake: 3401 Ragland Road, Grand Prairie, TX
- Teams will be assigned a rest area in the park to set up a team tent, chairs, tables and coolers
- Each team will race in 3 heats, there is no elimination
- The course is 300 meters in a straight line with 3 lanes
- Each team will have 60-90 minutes in between heats
- Division winners will be awarded in a post-racing awards ceremony

High Five Dragon Boat, LLC

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